



LIP BLUSH PRE & After Care

PLEASE FOLLOW INSTRUCTIONS

REQUIREMENTS

- Must NOT be pregnant or breastfeeding (must be done breastfeeding for at least 45 days before the procedure.)
- NO Lip fillers 3 weeks prior to the procedure.
- Must NOT be pregnant or breastfeeding (must be done breastfeeding for at least 45 days before the procedure.)
- Must be at least 18 years old.
- If you are prone to or suffer from cold sores, you need to take an antiviral cold sore medication or a supplement of Lysine.
- Take this at least 2 weeks prior to your appointment and continue to take it until you are done healing. Without taking this precaution, the procedure will cause a flare up.

PRE-CARE

ALL clients prone to cold sores must take an anti-viral medication a week prior to appointment (if chronic, and 3 days prior if moderate). It must be taken until healing is complete. For a prescription, contact a primary physician/dentist. NO EXCEPTIONS. This applies for any & all lip tattoos for anyone who has had a cold sore/blister in their life time.

1 MONTH BEFORE:

No fillers or injections.

48 HOURS BEFORE:

AVOID BLOOD THINNERS; Aspirin, Ibuprofen, caffeine (coffee & tea), smoking, alcohol, boba, Niacin, vitamin E, Advil, fish oil, etc.

Exfoliate your lips with a damp towel after the shower and moisturize with Aquaphor.

MENSTRUAL CYCLE:

Please note that if you are on your menstrual cycle during the appointment, you will be more sensitive during the procedure due to hormones.

SKIN CONDITIONS:

If you have any skin conditions, you are required to have an approval letter from your doctor.

FAILURE TO FOLLOW PRE-CARE INSTRUCTIONS MAY AFFECT THE OUTCOME OF YOUR FINAL RESULTS.

AFTER - CARE

The mouth is a breeding ground for bacteria, which means there is high risk of infection when getting the lip blush procedure done. Avoid eating & drinking for at least 5 hours after your appointment. Do not drink tap water.

- Rinse your mouth with antiseptic mouthwash at least 4 times a day until you are done healing. Be sure to rinse after eating/drinking.
- Do not eat spicy, oily, acidic or greasy foods. Do not stretch lips to take large bites.
- Once shedding begins, do not pick, peel or pull the skin.
- Do not use saline water as it will cause ink to be pulled from the skin.
- Apply ointment several times a day for 10 days to keep lips moisturized. Do not rub, dab.
- Avoid getting lips wet. Apply the ointment before brushing teeth.
- Do not use any soaps/chemicals on your lips. Be careful when washing your face. Use a washcloth to better control any liquid substance.
- Use a minimal amount of non-whitening toothpaste. Use a straw when swishing water.
- Do not expose lips to direct sunlight/tanning beds. Since this is new skin, it's prone to sunburn, which could change the color and cause scarring.
- Do not smoke or kiss for at least 10 days.
- Keep your hands clean and avoid touching your lips until they are done healing.